

# Kingman Times

Kingman Times Newspaper is a project of  
Kingman Boys & Girls Club

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This summer the High Achievement Program (HAP) came together very well. The theme of the summer was “the power of one.” During the week, the children engaged in many activities. On Mondays and Wednesdays the students practiced their writing and reading skills. Before going on educational field trips, the students read articles and answered questions about the museums they attended on Tuesdays and Thursdays. We explored the Holocaust Museum where the students learned about Hitler and his rise to power. In the Air and Space Museum, we visited the Bessie Coleman and Sally Ride exhibit. While attending the Native American Museum, we learned about different tribes and traditional customs. We viewed the Gabrielle Douglass and Civil Rights movement exhibit while touring the American History Museum. At the Martin Luther King memorial, they analyzed his famous quotes. The Newseum offered the John F Kennedy exhibit. At every museum that the HAP students visited they were able to learn that one person can impact the world in a positive way. By the end of the summer, the children learned that they can make a difference and have the potential for all their dreams to come true.



## Upcoming Events

### September:

Labor Day Holiday

Tutor Orientation

Students Assessment

### October:

Tutoring Program Starts

Skills Tutor Program Starts

The Halloween Party

### November:

Thanksgiving Baskets Give Away

### December:

Students Testing

Winter Break

Christmas Holiday Program

## Success in Learning

Success in Learning math and reading comes through practice with a variety of problems. Teachers encouraged the students to approach problems from different angles using strategies acquired during school and in the summer enrichment program. The KBGC Summer Program provided a variety of classes for grades Pre K through 8th grade such as arts & crafts, Wii Challenge, other games, and fitness. The older students worked on math, and reading using Skillstutor, an online software application with child centered instruction. The younger students used Understanding Math Numeration (mathematical software package). Engaging in crossword puzzles created more challenges for the students.

### Field Trips

The Bureau of Engraving and Printing U.S. Department of the Treasury: Washington, DC Tour and Visitor Center is a great place to learn all about U.S. paper currency. The children saw millions of dollars being printed as they walk along the gallery overlooking the production floor! The free 40-minute experience includes an introductory film and gallery tour of the production process. We also learned that on October 8, 2013, the redesigned \$100 Dollar bill will be released by the Board of Governors of the Federal Reserve System..

The Zoo: The pandas and tigers gave birth to new cubs. The Zoo also rehabilitated the Elephant House. At a Folk Festival we saw different cultures and ways of living. We also got a chance to play the African drums. At the Newseum, the students learned about the assassination of John F. Kennedy and the family history. The students also learned about “1963: civil rights at 50.” The chronicle shows milestones, in the civil rights movement from 1963, 1964 and 1955 through historical pages, magazines and news images. At the American History Museum, students were able to have some hands on experiences of history activities. They acquired a better understanding of the first transatlantic telegraph cable. They also read about the red ruby slippers from the Wizard of Oz, and the original Kermit the Frog puppet from the Muppets. They then learned about the first car in the United States that was built in 1903 and how transportation changed American lives and landscapes. At the Natural History Museum we saw more than just bones, feathers, and fossils in a museum drawer. It was a process of discovering and recovering objects in the natural world and then translating what they mean into scientific knowledge.

After taking a trip through history, different cultures and witnessing new zoology, the students went to the Mall for more fun activities.

## Spotlight on Sports



## Kingman Football 2013

Kingman football is back at it again! We will have 4 teams this upcoming season (6 & up, 8 & up, 10 & up and 12 & up). We have approximately 90 kids and 30 coaches who are all eager to get this season started. We have had a very productive training camp and preseason in preparation for the season opener on August 31<sup>st</sup>.

Starting in early June we've moved from teaching basic fundamentals to installing some complex offenses and stern defenses. Everything hasn't been all football however. We've participated in fundraisers and done dollar drives to raise money for our program. We sold Papa John's fundraiser cards and we've accepted donations from some very generous people.

As always this will be a long season filled with ups and downs, but we are conditioning ourselves mentally and physically for the long haul. We are led by our great athletic director Chris Harden. He has been leading our program from one team just three years ago to having four teams. We have become a wrecking force in our league.

We will be playing in the Greater Metropolitan Youth Football League (GMYFL). We will play games from Baltimore to St. Charles County and everywhere in between. Our home field is Kenilworth Parkside Turf Football field at 4300 Anacostia Avenue NW Washington, DC 20019. We will be hosting home games on August 31, September 14, September 28, and October 5 with the game on October 5 being 2013 Homecoming vs. Accokeek. This will be a very exciting year for our Kingman Green Machine!



## So What Else?

So What Else envisions a planet where youth discover their full potential and improve their communities through sound life choices and service.

Our mixed arts and culture curriculums strive to inspire students to be creative and to play, dream and express themselves. We combine a curriculum of music, theatre arts, free writing, art projects and additional mediums of expression with a goal of inspiring innovation in the youth we serve. This program provides students with an avenue in which they can feel open to express themselves and gain a heightened sense of self and respect for others.

Our healthy living program, which is often linked up with our fitness program, is designed to encourage students to choose a healthy lifestyle that includes healthy eating and daily exercise. The curriculum covers a wide variety of topics such as nutrition and exercise, organic and locally grown foods, healthy habits, cooking classes and vegetable gardening. A main part of the healthy living program is teaching kids how to prepare healthy snack recipes for themselves after school. We teach recipes that are healthy, easy and accessible. Our recipes are designed to introduce students to new foods and fun, tasty ways to prepare them. The program gives kids a chance to try a wide variety of healthy food options, for instance when we do taste test games where the students will taste different milk alternatives. The cooking workshops are partnered with physical activity to show students new and fun ways to stay active. The curriculum also covers basic vegetable gardening and highlights the benefits of farmers markets and locally grown food. We strive to make healthy living fun and interesting instead of a chore or burden.



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